



Coral Calcium

In addition to calcium, coral contains an abundance of trace minerals essential to the body. Oregon Health's Coral Calcium comes from the Sango Reefs in Okinawa, Japan, which is the only coral out of 2,500 species with unique filtering qualities. Sango Coral is composed of calcium, magnesium, sodium, potassium, trace s and many other microscopic elements essential to human life.

Coral minerals maintain a high bioavailability because they are in the smallest form possible. Ionized minerals are 1000 times smaller than colloidal minerals. While the calcium content of coral is important, the trace minerals are even more significant. Coral minerals are capable of replenishing the body with proper amounts of naturally occurring trace minerals to fulfill specific mineral deficiencies. When the overall mineral content of the body is raised, the body is able to return to a natural alkaline or high pH state. When the body rests in an alkaline state, it is able to ward off diseases more easily. Diseases spread in acidic or low pH environments.

Most minerals are difficult for the body to absorb. That is not the case with the 74 naturally-occurring coral minerals. Coral minerals are organically formed, having been previously digested by animals. Coral minerals, which can convert into an ionic state upon contact with moisture, are in natural balance with all of the other minerals required to assist each other in various ways. Minerals depend on other minerals to carry out their respective functions. Coral minerals are synergistic with the body. Orthopedic surgeons have used coral for bone grafts because the body can readily accept the coral as part of its natural structure.

Coral Calcium has been used for hundreds of years to provide help and relief for many different illnesses and ailments. Muscle cramps, headaches, arthritis, diabetes, kidney stones, eczema and heart palpitations are just some of the 157 health-related problems caused by mineral deficiencies. Many experts believe those diseases are caused when a body is in an acidic or low pH state. Almost every disease is traced to high acidic waste in the body. Dr. Otto Warburg, the only two-time Nobel prize-winning physician, proved that cancer can not exist in an alkaline or high pH environment.

Only minerals can maintain pH levels at higher or alkaline states. Often times, people past age 35 have lower levels of calcium and minerals, which result in higher acidity. Minerals alkalize bodily fluids and tissues only when they are in a form that can be assimilated. Coral is an extremely effective alkalizing agent because the minerals are more bio-available. When acids build up, the body will become deprived of oxygen and disease sets in. When mineral deficiency leads to acidity, the body is subject to arterial wall breakdown. Coral calcium is helpful to fighting heart disease because as the body attempts to repair itself from arterial damage, it depends on fibrin and collagen that attracts calcium.

Coral calcium and coral minerals play large roles in energy production, heart function and cellular maintenance. Coral calcium and other minerals have a direct effect on the immune system, which would not function without minerals. Calcium from coral sources can help the body to fight osteoporosis. Calcium deficiency often results in joint discomfort, bone spurs and a decrease in bone mass. When the body is severely depleted of calcium, arthritis and Fibromyalgia can set in.

Coral calcium and coral minerals are also helpful in:

- Controlling muscle spasms
- Relieving asthma
- Controlling cholesterol and balancing blood pressure
- Treating hiatal hernias
- Improving periodontal problems
- Reducing lactic acid buildup

SOURCES

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The pH Miracle: Balance Your Diet, Reclaim Your Health. Robert Young, PhD. 2002.

Why Calcium: A summarized report on the role of calcium in human health. Robert Owen, PhD. 1998.

Order Desk 800-798-0707 Ext 1

E-Mail sales@aerobiclife.com
Website Under Construction

Fax 602-283-0760